

KERRVILLE CA H&I FORMATS AND GUIDELINES

SUNDAY: Starlite 7:00 P.M. **1 YEAR SOBRIETY REQUIREMENT

- 3 people, mixed genders
- FORMAT: Panel meeting**

TUESDAY: La Hacienda Collegiates 7:30 P.M.

- 3 people, mixed genders
- FORMAT: Topic - corresponding with the week (1-4)
- Short qualification, share on the topic, questions/answers

SATURDAY: Starlite Adolescents 7:00 P.M. **1 YEAR SOBRIETY REQUIREMENT

- 2-3 Men
- Young Adult Program
- FORMAT: Panel meeting**

Serenity House (entire community) 7:00 P.M.

- 3-4 people, mixed genders
- FORMAT: Topic (they will usually lead; bring a topic just in case)
- No fraternizing. No shorts or tank tops. No purses.

La Hacienda (entire community) 7:30 P.M.

- 3 people, mixed genders
- FORMAT: Panel meeting**

Guidelines:

- **Panel meeting: share your experience, strength and hope for approximately 10 minutes, and leave time at the end for a question/answer period. Limit war stories and opinions.
- All volunteers must be in fit spiritual condition and able to carry a message of hope.
- Meeting chairperson must have 6 months sober and is responsible for contacting other volunteers, discussing meeting etiquette prior to the meeting, and keeping the meeting on track.
- Chairperson: contact Erin G. at (214) 717-0705 to find a replacement or with any other issues. E-mail is kerrvilleca@gmail.com
- **No cussing!** No mentioning names of halfway houses or other fellowships (NA, AA, OAA). Dress appropriately. No energy drinks.
- Remember you are representing CA as a whole!! Limit opinions and stick to the rules, respect the treatment center and remember you are their guests!
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